



WELCOME HOME TO SERENITY VILLA! Serenity Villa is a household memory support care home, licensed as assisted living. 20-22 people have the opportunity to reside at Serenity Villa with a dedicated team of caregivers to love and serve them. Serenity Villa has been intentionally designed as a home with special features of a memory care environment. Please see corresponding material on back for more info.

- Welcome home! As you come through the front door of Serenity Villa, you will notice the serene homey surroundings. At Serenity Villa, our desire is to create a true home and a peaceful atmosphere for people who need memory support care. Underlying the relaxing environment are state-of-the-art security and safety features, giving peace of mind to residents and families. Just like at home, visitors to Serenity Villa will need to ring the doorbell and be acknowledged before entering the front door. All doors are locked from the exterior and, from the inside, exits are secured with delayed egress and alarm systems. Key places in the building are observable by unobtrusive cameras to give the Serenity Villa nurses the ability to monitor and respond to concerns. Serenity Villa residents will have the ability to call for assistance from their apartment call systems or from pendants.
- People who have dementia are often significantly impacted by the environment around them. They can easily become overstimulated. The **Sensory Room** at Serenity Villa offers a tranquil environment to unwind with the peaceful sound of water flowing, dim lighting and other sensory items that stimulate or calm the senses. Stimulation of the senses can also be very beneficial to people with dementia to help them retain or regain memory and brain function. If you are interested in learning more, Google **snoezelen** or **multi-sensory environments.** We are excited about a new interactive computer system called "It's Never 2 Late" (IN2L) offering "dignity through technology." Google **IN2L** for more info.
- The **kitchen** is the heart of the home. Residents will be able to smell the inviting aromas of fresh-baked cookies or take a seat at the bar and help prepare a meal. Our Serenity Villa homemakers are excited about the opportunity of working together to prepare a resident's favorite recipe! Dining options include dining room, private dining room, breakfast nook, sunroom, courtyard or in your apartment. Dine as you choose: with a friend or others in the Serenity Villa family or in solitude. You can also Invite your family and friends in to dine in the private dining room. They may opt to bring in cuisine from a local restaurant, home-cooking from the family kitchen or ask the Serenity Villa homemaker what's on the menu for the day.
- The **sunroom** is a central gathering place with abundant natural light and enticing views of our courtyard. A NuStep is accessible for exercise and fitness. Here is where life will happen crafting, playing games, having fun and just being family.
- The **courtyard** creates a lovely seasonal centerpiece for Serenity Villa. Five doors to the courtyard give ready access for strolling and there is ample seating to enjoy the outdoors at any time of the year. The Serenity Villa family can experience the changing of seasons in the beautiful pergolas. Grilling and outdoor dining are options, as well as a mini putting green. Waterfalls add to the ambience of relaxation and serenity. At dusk, the courtyard becomes luminous for those who love the quietness of nighttime in the country.
- Serenity Villa is built in a square around the courtyard with doors on each hallway. As you roam the hallways, you can experience how the multitude of windows attract people to the outdoors. Sunshine and natural lighting reduce stress and contribute mental health benefits, alleviating depression and anxiety. There is freedom in being outdoors that does us all good. Serenity Villa is intentionally designed to maximize these benefits. Also note the interior design touches intended to trigger memories and to help people with cues for way-finding. And each apartment has a personal shadowbox where residents and families can create a portrait of the resident's life.
- Companion suites offer an unique opportunity for couples. One person may have need for memory support and the care at Serenity Villa can be helpful while still giving the couple freedom to live their life together. This apartment can be also home for two other family members wishing to reside together or one person wanting a larger apartment. There are two companion suites at Serenity Villa.
- The **library** is a quiet nook for reading, relaxing, playing games or visiting with family and friends.
- The **veranda** offers a secluded spot for residents and families to enjoy the outdoors and neighborhood.
- Apartments at Serenity Villa are private. Amenities include private bathrooms, private showers, large closets, mini refrigerator/freezers and call system for assistance. Additional services include landline phones, internet and cable TV (fees apply). Residents are encouraged to furnish apartments with personal furniture.

  If not available, Serenity Villa will provide furnishings.
- The **storm shelter** provides a secure area for the Serenity Villa family to be safe during storms. Housed within the storm shelter are a **beauty salon**, **bathing spa** with whirlpool tub and **laundry**. Residents are encouraged to avail themselves of these services and, just like at home, help with the laundry will be welcomed!