

## April 1, 2021 – Outing Guidance

### ❖ Before you leave:

- Please understand that for the safety of our residents, CMS (Centers for Medicare and Medicaid Services) highly recommends that residents NOT leave the Fairview Haven campus for reasons other than medically necessary trips.
- ALL OUTINGS MUST BE SCHEDULED IN ADVANCE WITH OUR RECEPTIONIST!
  - Call 815-692-2572 between 5 AM and 5 PM daily to schedule.
  - Residents may not always be able to leave our campus.
- Residents should avoid contact with anyone whom these circumstances apply to:
  - Someone who has been in close contact with someone who has been diagnosed with COVID in the past 14 days.
  - Someone who has been diagnosed with COVID in the past 10 days.
  - Someone who is exhibiting any of the following symptoms:

Fever of over 100.0	Chills or shaking with chills
Cough	Sore throat
Muscle or body aches	Headache
Loss of taste or smell	Congestion or runny nose
Fatigue	Nausea, vomiting or diarrhea
Respiratory symptoms or shortness of breath	

### ❖ Departure:

- Whoever is transporting the resident to and from the outing must screen in on the kiosk at the main entrance to Fairview Haven.
- Resident must sign out on the kiosk before departure.

### ❖ During Your Outing:

- Social distancing of 6 feet is still important during the entire outing. While this may not be possible while transporting, attempts should be made. Residents who have been fully vaccinated are permitted to have physical contact with others, but should maintain physical social distance during the majority of the outing.
- For the safety of all of the residents and team members of Fairview Haven, our residents and anyone around the resident should wear face coverings during the entire outing.
- If food is consumed during an outing, the resident should maintain 6 foot social distance while eating and only remove the face covering to consume the food.
- Residents should only participate in gatherings that meet the guidelines of IDPH given the current phase of reopening and mitigation efforts.
- Please ensure the resident uses excellent hand hygiene while away from the campus.

### ❖ Returning:

- If anyone the resident had close contact with experiences any symptoms in the 3 days after your visit, please notify the Administrator immediately.
- Based upon the potential of exposure to Coronavirus during the outing, Administration may require the resident to quarantine to his/her room upon return to the facility for 14 days. Please contact the Administrator with questions or concerns.